

NEW HORIZON PUBLIC SCHOOL

NEW HORIZON TIMES

A MONTHLY NEWSPAPER FOR THE STUDENTS AND BY THE STUDENTS

Bangalore, July 2024

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INVESTITURE CEREMONY



The momentous occasion of the Investiture Ceremony was held on the 14th of June. It was a day that marked the beginning of a new chapter in the lives of the young and capable leaders who have made exceptional commitment to their duties and the values of our school. Our beloved Principal, Mrs Anupama Sethi, ordained the newly elected Student Council. The House Mistresses of the four houses ordained the House Captains. The toppers of the 2024 batch who displayed their academic prowess were felicitated by our Principal Mrs. Anupama Sethi. The cherry on the cake was our Ex- School Captain Aadya Raj's speech which instilled a sense of responsibility in every single student present there.

Congratulations to the newly appointed Council Members. You are the torch bearers of tomorrow. Don the mantle of leadership and discharge your duties to the best of your abilities.

WORLD ENVIRONMENT DAY



The students of New Horizon Public School celebrated World Environment Day on 5th June, 2024. The students of primary and secondary divisions organised many programmes as a part of the celebration including a street play, a role play and poetry recitation which showcased the importance of protecting the environment and sustainable development. The school also had an e-waste collection drive where parents and students could deposit their e-waste to promote sustainable and green practices.

NEW HORIZON COLLEGE

Admissions open 2024-25

UG Courses Offered
BBA, B.COM & BCA
Executive/Professional/Executive + Dual Qualification with Honours.

PG Courses Offered
MCA

100% Placement

CONTACT US
Phone No: +91 98460 34876, 982 6429 7777
Email: admissions@newhorizonpublicschool.edu
Address: New Horizon Public School, Near Marathahalli, Bengaluru-560023

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PG Courses Offered
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Separate hostel facilities for boys and girls.

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NEW HORIZON COLLEGE OF ENGINEERING

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B.E. Computer Science & Engineering
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B.E. Electrical & Electronics Engineering
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M.Tech. Computer Science & Engineering (CSE)

Research Programs
Ph. D. in (AI/ML in AI, CSE, ECE, EEE, IIT, IIM, IITM, IITK, IITR, IITG, IITJ, IITKGP, IITKRM, IITKWN, IITKWL, IITKWP, IITKWR, IITKWS, IITKWT, IITKWX, IITKWY, IITKWZ)

100% Placement

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FIRST DAY OF PRE SCHOOL



As the sun rose over the horizon of our school building on 22nd May 2024, children embarked on their first day of Preschool at NHPS. This was a significant milestone, marking the beginning of their formal education journey. For both children and their families, it was a day filled with anticipation, excitement, and perhaps a few butterflies in the stomach. Children were greeted with warm smiles and gentle reassurances from teachers. Welcoming rituals, such as a cheerful 'good morning' song or a group circle to share names and interests, helped to ease any nervousness and foster a sense of belonging. Throughout the day, our pre-primary teachers provided comfort and reassurance to children as they navigated to this new environment. Whether offering a comforting hug, listening attentively to their stories, or gently guiding them through transitions, teachers created a supportive atmosphere where children felt safe, valued, and loved.

PARENT ORIENTATION



The journey through school life marks a significant milestone in a child's life. Recognizing the crucial role and positive involvement of parents in supporting this journey, a Parent Orientation program was conducted at NHPS. This session aimed to provide with valuable insights into our school's ethos, academic programs, extracurricular activities and support services available to students.

The orientation was an excellent opportunity for us to begin building this partnership and establish a supportive network for every child's educational journey.

GRANDPARENTS' DAY



Celebrating Grandparents' Day on 22nd June, 2024, was more than just another event on our pre-primary school calendar. It was a celebration that bridged the generation gap and nourished cherishing memories for our little munchkins and their beloved grandparents. The atmosphere was filled with anticipation and excitement as pre-primary section prepared to welcome these distinguished guests, who arrived with beaming smiles and hearts full of affection. The preparations began weeks in advance, with teachers brainstorming creative ideas to make the day truly memorable. Following the opening ceremony, the real fun began with a variety of interactive games planned and the exchange of gifts symbolized gratitude and affection, leaving both children and grandparents with cherished memories to treasure. We honour the invaluable contributions of grandparents in shaping the lives of their grandchildren and fostering a legacy of love that transcends generations.

PRE PRIMARY ENVIRONMENT DAY



Celebrating Environment Day on 5th June 2024 in the pre-primary section was a fantastic way to introduce our children to the importance of caring for the environment and nurturing a sense of responsibility towards nature. Our staff planned and organized a meaningful celebration through role play, nature walk in Cubbon park, planting activity and storytelling with songs for children. At the end of the day, our teachers gathered children for a reflective discussion asking them about their learning with regards to caring their environment and how they would continue to protect nature in their daily lives. This not only educated children about the importance of environmental conservation, but also fostered a lifelong appreciation for nature and a sense of responsibility towards planet Earth.

SELF CONTROL

Do you have control over yourself?



How many of us can control our inner selves – our thoughts and desires? Can we keep emotions like sadness, anger, jealousy and irritability under check? The response to this, from most of us will be an emphatic 'NO'.

Our physical and mental self-control has a lot of influence on how we behave. Self-control is the ability to control our impulses, emotions and desires and practicing delayed gratification. It is about focusing on our long-term goals while putting off short-term temptations consciously.

An experiment called the Marshmallow Test has proven that children who could forego immediate temptation were able to achieve better outcomes in life, higher education and higher social skills and experienced less stress later in their lives. Today, we come across so many incidents where trivial issues lead to not just verbal duels, but physical altercations as well. The primary reason for this is the loss of control over emotions.

Self-control leads to healthy living and a positive attitude. A successful man is he who has self-discipline and who tries to advance himself on the path of progress. For the one who cannot control his mind, his mind will always be his greatest enemy and his life's mission is jeopardized. Let's see what our scriptures say

Aatmaanaam rathinam viddhi, Shareeram rathameva tu
 Buddhim tu Saaradhim viddhi, manah pragraham eva ca
 Indriyaani hayaan aahur vishayaams teṣu gocaraan
 Aatmendriya-mano-yuktam bhoktety aahur manishinah

The body is equated to a chariot where the horses are the senses, the reins are the mind, and the charioteer is the intellect. The master of the chariot is the Soul, on forgetting which the charioteer intellect becomes absorbed in the field of action. He who has the understanding of the driver of the chariot and controls the rein of his mind, he reaches the end of the journey, the Supreme Abode of eternal knowledge and bliss. — Katha Upanishad 1.3.10–11. Let's make our real self (soul) control the other selves (senses, mind, intelligence) and live a meaningful life.

Values Plus team

COMIC STRIP



Sri Haadhya Kiran, 8B

THE KEDARNATH TREK

The Kedarnath trek is a journey to one of the most famous temples in India, located high up in the Himalayas. I, Atharv Chaturvedi, from Grade 6E covered this trek on 15th May. The trek started at Gaurikund and I covered the 22 kilometres long path. The path was filled with beautiful scenery like rivers, forests and snow-capped mountains. It was an unbelievable experience visiting places along the way such as Jungle Chatti, Bheembali, Rudra Point and finally the Kedarnath temple. After a 10-hour trek, we reached Kedarnath where we explored the ancient temples' history and carvings. The next day was the trek back to Gaurikund. The Kedarnath trek was an unforgettable adventure. This challenging trek required a lot of physical endurance to bear the harsh weather in the Himalayas which was truly a memorable experience.

Atharv Chaturvedi, 6E

Kedarnath trek(22km)



HAZARDS OF POLLUTION



Today, one of the problems, many people worry about is environmental pollution, but what exactly is this pollution? This is one of the ways to express the pressing matter of deterioration of our environment's living conditions.

What harm does pollution pose to our survival? Pollution deteriorates the living conditions for all living beings. It also comes in various forms, from air pollution to soil/land pollution, and from water pollution to noise pollution.

Pollution affects some of our most significant survival factors. Pollution of the air we breathe leads to illnesses and in extreme cases, death too! Soil pollution decreases fertility of our land, reduces crop growth, and breeds diseases, which indirectly leads to malnourishment and famines on an extremely large scale. Water pollution leads to umpteen diseases, that costs lives, while noise pollution affects individuals in the form of hypertension, stress and so on.

Knowing the causes and impacts of pollution, how can we prevent it? Two significant changes can transform our world completely, and they are sustainability, and renewability.

Sustainability involves using materials in a way that doesn't harm our environment, but also helps us accomplish a task. The best example of a sustainable act is the use of jute bags, instead of plastic bags. This is a sustainable act as jute bags don't harm the environment, and can be reused.

Renewability is the act of performing our tasks with eco-friendly energies, as opposed to energies produced by environment harming sources. The best example, is the use of electric cars, as opposed to fuel consuming vehicles. Electric vehicles perform our tasks indifferently, and do not pollute the environment in the process.

Both processes may seem different, but come together when it comes to prevention of further environmental pollution.

Some people wonder what we as students can do to embrace and encourage such changes in our country. Extensive ideas have always started as ideas. All ideas are sourced from mere thoughts and theories. As the creators of tomorrow, we should think beyond, and create ways to solve world-wide problems, related not only to pollution, but all other environmental issues. Our minds hold infinite creativity, which is our strength towards all these problems.

In other words, what is needed is for people to step up, and brainstorm ideas to make the world a more pollution-free world, where we and our planet live interdependently, for at this moment, and all that shall follow, our planet needs us, and we need our planet. So, let's come together, and help make the world a better place to live in.

Avyukt Igoor, 8B

YOUNG ACHIEVERS



Dhaanvi Dechamma of Grade 4A won the Universal Rating Tennis Tournament held at Whitelines Tennis Academy, Sarjapur. She played the U10 Category to win this trophy. Congratulations to Dhaanvi and we wish her good luck in all her future endeavours!



We are extremely proud to announce that Aditya of Grade 7E has achieved numerous accolades. Here are a few highlights:

- Aditya was involved in teaching kids from a remote village of Sundarbans. This programme is called the Math Circle initiative. He got an opportunity to be a part of the team to teach non-routine mathematics to the less privileged students. Please find attached the link of Aditya's Math Circle Diary which contains the details of the sessions and his experience. <https://mathcircle.cheenta.com/diary/>
- Aditya appeared in the American Math Competition and stood first in his class.
- Aditya has received an award from Bhaskaracharya Pratishthana for his outstanding performance in the Bhaskaracharya Mathematics Talent Search Competition (BMTSC).

<https://www.bprim.org/programme/competition/2023/bmtsc-2023-24/bmtsc-2023-24-result>

Congratulations to Aditya and we wish him good luck in all his future endeavours!

TEACHERS' COLUMN

होराइजन का अर्थ क्षितिज होता है, जो बहुत दूरी पर आकाश और धरती को जोड़ती हुई नजर आती है। ठीक इसी प्रकार शिक्षा सह-संसार को एक दूसरे से जोड़ते हुए बच्चों में शिक्षा के साथ-साथ संस्कार को आध्यात्मिक तौर पर नए तरीके से जोड़ा गया है। जिसका नाम न्यू होराइजन पब्लिक स्कूल है।

न्यू होराइजन पब्लिक स्कूल, बेंगलुरु के अध्यक्ष महोदय, आदरणीय, डॉक्टर मोहन माँगनानी सर हैं, जिनकी अध्यक्षता के अंतर्गत विद्यालय का सञ्चालन होता है। हमारे आदरणीय अध्यक्ष महोदय अपने नाम के अनुरूप कार्य करने में निपुण हैं। अपनी सकारात्मक सोच के द्वारा प्रत्येक क्षेत्र में अग्रसर रहते हैं।

तुलसीदास जी द्वारा रचित राम चरित्र मानस के सुन्दरकाण्ड की एक चौपाई है, जिसमें प्रभु राम जी ने कहा है कि

सबके ममता ताग बटोरी।
मम पद मनहि, बांध बरि डोरी।।

तभी तो हमारे अध्यक्ष महोदय पूर्ण रूप से दिनरात विद्यालय के उत्थान में लगे रहते हैं। सात प्रकार की शिक्षा बच्चों को दी जाती हैं। जिससे सभी प्रकार से बच्चों के जीवन का मार्ग प्रशस्त हो सके।

1 प्राथमिक शिक्षा	3 संस्कार शिक्षा	5 अनुशासित शिक्षा	7 आध्यात्मिक शिक्षा
2 बौद्धिक शिक्षा	4 नैतिक शिक्षा	6 योग शिक्षा	

बच्चों को सर्वांगी विकास की शिक्षा यहाँ दी जाती है।

शीर्षक - शिक्षा सह - संस्कार में शिक्षा के साथ-साथ संस्कार बच्चों के जीवन के लिए अनुपम उपहार है। जो हमारी प्रधानाचार्या के द्वारा संचालित किया जाता है। यहाँ कुल 150 शिक्षक, शिक्षिकाएँ अथवा 2500 के लगभग छात्र - छात्राएँ हैं। जिनको समय - समय पर सभी तरह की शिक्षा दी जाती है। स्वतंत्रता दिवस, गणतंत्र दिवस, आध्यात्मिक नाटक, खेल उत्सव, वार्षिक उत्सव, भजन, श्लोक, इत्यादि विद्यार्थियों को सिखाया जाता है। यहाँ गणपति उत्सव, दीपावली, होली, विभिन्न प्रकार के त्योहारों को मनाया जाता है।

विद्यां ददाति विनयं,
विनयाद् याति पात्रताम् ।
पात्रत्वात् धनमाप्नोति,
धनात् धर्मं ततः सुखम् ॥

हिन्दी भावार्थ:

विद्या विनय देती है, विनय से पात्रता आती है, पात्रता से धन आता है, धन से धर्म होता है, और धर्म से सुख प्राप्त होता है।

इस श्लोक से बच्चों को सकारात्मक विचार और बहुत ही अच्छा सन्देश मिलता है कि हमें अपने जीवन में विनयता को कभी नहीं भूलना चाहिए। कक्षाओं में व्यवस्था बनाए रखने हेतु तथा अच्छी शिक्षा, वातावरण के निर्माण में अनुशासन का महत्वपूर्ण स्थान है। यह विद्यालय के सभी शिक्षक शिक्षिकाओं के योगदान से संभव होता है।

आध्यात्मिक निदेशक बनना एक पवित्र आह्वान है जो पवित्र आत्मा के द्वारा ही किया जा सकता है। इस प्रकार बच्चों के चरित्र निर्माण के साथ-साथ कला, संस्कृति, योग, संगीत, नृत्य, इत्यादि विद्यालय समय सारणी में रोजाना स्थान दिया गया है। हमारी प्रधानाचार्या, समन्वयकाओं के द्वारा बच्चों के शैक्षिक स्तर को विकसित करने का कार्य उत्तम तरीके से करती है, ताकि बच्चों का सर्वांगीण विकास हो सके। आज के बच्चे ही कल के भविष्य हैं जो अच्छे नागरिक बनेंगे। कहते हैं- " धरा जब जब विकल होती, मुसीबत का समय आता, किसी भी वेष में कोई महामानव चला आता है। "

महामानव के रूप में हमारे अध्यक्ष डॉक्टर मोहन माँगनानी वर्ष 1982 में विद्यालय की स्थापना कर आज के बच्चों को एक उच्च शिक्षा, एक अच्छे नागरिक बनाने का जो बीड़ा उठाया है वह सराहनीय हैं। यह सूचित करते हुए अपार हर्ष की अनुभूति हो रही है कि हमारे अध्यक्ष महोदय डॉक्टर मोहन माँगनानी को इस वर्ष-2024 लाइफटाइम उपलब्धि पुरस्कार से सम्मानित किया गया। हमें यह सूचित करते हुए गर्व हो रहा है कि दसवीं कक्षा के विद्यार्थियों का परिणाम अति-उत्तम आया है।

विद्यालय में जितने भी वरिष्ठ शिक्षक एवं शिक्षिकाएँ हैं, वे सभी अपने नाम की सार्थकता को निभा रहे हैं और नाम के अनुरूप कार्य कर रहे हैं। ये सभी विद्यालय के स्तम्भ हैं।

इसी वाक्य के साथ मैं अपने कथन का अंत करती हूँ - सधन्यवाद, अनुपमा राज

STUDENTS' CREATIVE CORNER



Sourish, 8A



Advik Mitra, 6E



Varun, 3C



Riya, 7D



Akshara Subhash, 5D



Nirav. S, 2D

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BEHIND THE SCENE

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