# NEWSLETTER MONTHLY

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A MONTHLY NEWSPAPER FOR THE STUDENTS AND BY THE STUDENTS

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### PRINCIPAL'S MESSAGE

## Dear Students, Teachers, and Parents,

As we come to the end of another fantastic school year, I want to take a moment to reflect on our journey together. This year has been filled with learning, achievements, and wonderful memories, and I couldn't be prouder of our school community. To my dear students, you have worked hard, challenged yourselves, and shown incredible growth. Your enthusiasm for academics, sports, and extracurricular activities is truly inspiring. As you continue to grow, I want to remind you of a few important things:

- Discipline and Routine: A daily routine helps you stay focused and achieve your goals. Whether it is completing your homework on time, practicing a sport, or reading a book every day, these small habits lead to big success.
- Respect and Kindness: Always treat your teachers, friends, and family respectfully. Listen to others, speak politely, and appreciate the efforts of those around you.
- Be Sensitive and Inclusive: Everyone comes from different backgrounds and experiences, so always be kind and understanding. Stand up for what is right and support those who need a friend.
- Have Fun, But Be Thoughtful: Enjoy your time with friends, celebrate victories, and have fun—but never at the cost of hurting or humiliating someone else. True sportsmanship and friendship mean lifting others, not putting them down. To our incredible **teachers**, thank you for your dedication and guidance. Your efforts shape the future of our students, and we are deeply grateful.

To our wonderful **parents**, your encouragement and support play a huge role in your child's success. Thank you for being our partners in this journey of learning and growth. As we wrap up this school year, I encourage you all to take a well-deserved break, spend time with loved ones, and come back refreshed for another exciting year ahead. Keep learning, keep growing, and always be the best version of yourself!

# Wishing you all a happy and restful summer vacation!

Regards Anupama Sethi Principal

New Horizon Public School, Indiranagar

# CRADUATION DAY 2024-25 PROPERTY OF THE PROPER

Graduation Day is a celebration of memories and aspirations. On February 1st, the graduating batch of 2024-25 shone in elegant attire as they proudly took the stage. The event was graced by the Chief Guest Mr. Jitendra Chaddah and his wife, Ms. Rachana Shukla, Principal Ms. Anupama Sethi, and Ms. Richa Bhatia, Secondary School Coordinator.

The batch of 2023-24 was felicitated for their outstanding ICSE results, while achievers in various fields received citations and gifts. Each outgoing student was presented with a memento, marking their journey and achievements. We wish the batch of 2024-25 success in their future endeavours. Dream big and soar high!



# CULMINATION SPECTACLE: WHERE LEARNING MEETS TALENT,



Culmination Spectacle was presented by the Primary division, where each grade had a different theme, integrating various subjects to create an enriching and entertaining experience for all.

Our talented students and dynamic teachers worked diligently to present a series of captivating skits, melodious songs and dynamic dance performances. Each act was thoughtfully crafted to highlight the knowledge and skills they have acquired throughout the year, demonstrating the seamless blend of education and creativity.

# **BHARAT UTSAV**



The vibrant and joyous annual event, Bharat Utsav was celebrated with great enthusiasm at NHPS on 8th February, 2025. The event aimed to instil a sense of patriotism and cultural pride among our Pre-Primary children while providing them with an opportunity to showcase their talents. The school premises were beautifully decorated creating a festive atmosphere. The program commenced with the lighting of the ceremonial lamp by our esteemed Principal, followed by a soulful rendition of the National Anthem. The highlight of the event was the cultural performances by the kindergarten students, where they presented festive folk dances, Ganesha Shloka, dance drama, and a fashion show by Nursery children depicting different state costumes and Indian personalities. Dressed in traditional attire, the little ones mesmerized the audience with their confidence and charm. Adding to the excitement, the students also participated in a canopy display, artistically depicting agriculture, Indian security forces, and technology. This interactive exhibit helped children and visitors understand the significance of these sectors in nation-building. Our Principal, Ms Anupama Sethi in her address, emphasized the importance of nurturing young minds with values of unity, respect, and love for the nation. The event concluded with a Grand Finale, where all participants came together for a final dance performance, waving and celebrating the unity in diversity that defines India. The Bharat Utsav was a memorable and enriching experience for the young students, leaving them with a deeper appreciation for their cultural heritage and a sense of pride in being part of a great nation.

# ANNUAL SPORTS DAY - PRIMARY



On February 15, 2025, the Primary Division celebrated the Annual Sports Day with great enthusiasm and energy. The event began with a warm welcome and invocation song, and an inspiring address by our Principal, Ms. Anupama Sethi It was followed by hoisting of the school flag and officially declaring the Annual Sports meet open. The Oath-Taking Ceremony and the lighting of the torch set the stage for a day filled with excitement and sportsmanship. Fun races that paid tribute to our Community Helpers saw students from Grades 1 and 2 in colourful costumes and vibrant props, participating with joy and enthusiasm. The four houses Agni, Vayu, Prithvi and Jal competed in various races and sparked the adrenaline in the audience. Spectacular display performances followed, including karate demonstrations, aerobics, and a pompom stick display. The event concluded with Prithvi House emerging victorious as overall champions. It was truly a memorable day of fun and fitness with smiles all around as students showcased true team spirit and resilience.

# OVERCOMING PROCRASTINATION - TAKING CONTROL OF YOUR TIME

more important to do?

tasks that seem overwhelming or accomplishment. boring, when we delay doing something important and instead choose to do Establishing a daily routine can help train

Delaying tasks may cause stress and anxiety, making it harder to focus. You may end up delivering lower-quality work that doesn't reflect your true abilities. The missed deadlines may Have a dedicated workspace that is lead to lost opportunities like college applications, scholarships or enriching experiences. Feelings of guilt and regret can lead to a negative self-image and lower self-esteem.

But don't worry, try these simple strategies

Break a big task into smaller, more manageable parts and celebrate small victories along the way!

Have you found yourself scrolling Having a specific goal with a set time Procrastination may provide a temporary through social media when you had to makes it easier to commit to it. Instead study for an exam or had something of saying "I'll study for my Math test," try saying "I will study Chapter 3 from Procrastination is a problem that many 5 PM to 6 PM today." Checking off of us face, especially when we have completed tasks gives a sense of

things that are easier or more enjoyable. your brain to work at certain times. Try to schedule specific times for homework. studies and relaxation. Including short breaks can help you recharge and maintain your concentration.

> quiet, clean, organized and free from interruptions. Keep distractions like phone or a laptop away while you work.

> Think positive. Instead of thinking, "I have to do this," try "I get to do this."

After completing tasks, treat yourself to something you enjoy-like watching an episode of your favourite show, playing a game, or enjoying a snack.

sense of relief, but its long-term effects can significantly impact your life. Overcoming procrastination is not easy, but you can make it manageable and gain control over your time. It takes practice, so be patient with yourself and keep trying!



# **TOLERANCE**

Tolerance means accepting and respecting the beliefs, cultures, and practices of others, even if they are different from our own. Accepting people who practise different religions, speak different languages, or celebrate unique traditions, without judging or excluding them is tolerance.

We can practise tolerance in small ways - showing kindness to someone who is different, trying to understand someone's culture, or simply being polite to those with different opinions. It is also important to be respectful in online discussions and not to spread hate or negativity about those who are different.

Being tolerant does not mean that we must agree with everyone. It means recognizing that everyone has the right to their own opinions and choices. Tolerance is understanding and accepting differences. In a world full of diversity, learning to be tolerant can lead to peaceful coexistence and social harmony.

Values Plus team

# **CHAPTER 2** MEGHA- THE GAME CHANGER

"... and our viewers would like to know your secret to becoming a successful author at such a young age," said Vidhi, Twenty-six-year-old the reporter. Megha replied, "I owe all my success to Winter and Daisy, the two protagonists of my very first novel. They made me a huge success."

"Any more tips for our viewers?"

"All I can say is that your will and imagination can lead you to success. My journey started with my imagination."

"Journey?"

"I mean, my journey as an author," said Megha, trying to cover up the dream she had seen years ago. Time is the only witness to all that had happened.

"Was that only a dream, or something else?" the question kept bothering Megha. But for now, she is a bestselling author and a promoter of Environmental Science.



Priyanka, 6D

# **DEFINITION OF LIFE**

'Life', is a mere four letter word, quite insignificant and easy to remember, and just as easy to forget amidst the thousands of words of the vast English language. But when tasked with a chore of elaborating on the meaning of life, our minds go blank. It is explained in the Oxford English Dictionary: Life, noun (plural: lives).

1. The condition of being alive.

simply the action of breathing and the functioning of our heart? Or is there a more intricate meaning to life, one that we forget to appreciate in the mundane hustle and bustle of our daily duties?

Life is like a vast expanse of sea, with its opportunities endless like the distance to the horizon, its waves that represent the highs and the lows that

But, what does it mean to be alive? Is it shape who we are. The waves rise higher and higher to embrace the stars, just as our endless race against perfection. At the end of the day, life is what we make of it. It could glimmer and gleam like a pleasant sea in the daylight, or it could be gloomy and dark like the ocean in a storm. Only we have the power to choose what we make of life, whether we embrace the challenges or shun them.

Aditri,8B

# YOUNG ACHIEVERS

We are proud to share that our students participated in the Math Competition conducted by TISB, where 11 schools and a total of 46 teams competed. Two of our teams qualified for the final round and achieved remarkable success.



1st Prize (Relay Round) - Sharvil, Ayush, and Ajay

Award: Certificate, ₹10,000 cash prize, and ₹60,000 worth mentorship from the Abstract Math Institute.

2nd Prize (Symposium Round) - Avyukt, Sudharshan, and Yuvanth

Overall Junior Championship - 1st Prize - Ayush, Ajay, and Sharvil Overall Junior Championship - 2nd Prize - Avyukt, Sudharshan, and Yuvanth

Award: Certificate and ₹5,000 cash prize.



Nishant of Grade 2A participated in the Championship League trophy held by KRSA (Karnataka Roller Skate Academy) in a Roller Hockey Tournament. He secured the 2nd position with a Silver medal in the under 9 category.



Neil Shetty of Grade 4C participated in WSM Football League in the Under -11 category. The Team won the tournament trophy. Neil won the "Player of the Tournament" award. He also participated in JFL Football Tournament in the Under 10 and 12 age group category. The Team won the tournament trophy in the Under



Samanth Naidu of class 6B was selected from Karnataka state for CISCE Nationals Chess Championship 2024, held at Amritsar from 3rd October to 6th October in the U14 boys category. In this championship, Karnataka team got Silver (2nd Place) and Samanth was the top-scorer for Karnataka team. He made it to the list of selected/standby players for SGFI (School Games Federation of India) Chess 2024.

Shriya Mahesh of class 10A represented Karnataka state for CISCE National Chess Championship 2024, held at Amritsar, Punjab from 3rd October to 6th October in U17 girls category. In this championship, the Karnataka U-17 girls team won the tournament and secured gold. Shriya was a key player of the Karnataka team.





Divyam Lahon of class 3E partici -pated in the All India FIDE rating Open Rapid -Puneeth Rajkumar Cup Chess Tournament at Davangere. He won 5th position in the Under 9 category.



Aleesha Sheetal of Grade 2E secured the 2nd place, Silver medal in Gymnastics Under 8 category in Inter -Club Competition conducted by Art Corner Gymnastics HSR Layout.

# STUDENTS' CREATIVE CORNER



Rishaan E. 3D



Ayush Yadav, 3D



Pritanshi Das, 5C



Manasvi, 2A



Triansh Das, LKG C



Devmuralii, 2E



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