

THE INVESTITURE CEREMONY 2025-2026



The Student Council Investiture Ceremony for the academic year 2025-2026 was held with great enthusiasm and solemnity on Wednesday, 11th June, at New Horizon Public School. The ceremony marked the formal induction of the newly elected student council members, who have been entrusted with the responsibilities of leadership, discipline, and service towards the school community.

The event commenced with the arrival of Ms. Sargam Manghnani, Vice Chairperson, New Horizon Gurukul. This was followed by a welcome address by the Principal, Ms. Anupama Sethi, who highlighted the significance of student leadership and the vital role the council plays in upholding the values and ethos of the institution.

The highlight of the ceremony was the formal investiture of the student council members. The Head Boy, Head Girl, House Captains, Vice Captains, Cultural Secretary, Green Ambassador, Tech Lead, and Sports Captains were each called on stage to receive their sashes and badges of responsibility. They took the oath of office, pledging to discharge their duties with sincerity, dedication, and integrity while upholding the honour and dignity of the school.

CELEBRATING INTERNATIONAL YOGA DAY , "Yoga is the journey of the self, through the self, to the self."



At New Horizon Public School, International Yoga Day was observed on 20th June 2025 with vibrant energy and collective spirit. Students from all grades came together to celebrate the ancient Indian practice that nurtures both body and mind.

The day unfolded with a mass yoga session, dance sequences infused with asanas, and shloka chanting, creating a serene and uplifting atmosphere. While primary students explored basic postures through interactive sessions, Grades 1 and 2 engaged in yoga-themed creative worksheets. Our pre-primary learners enjoyed a cheerful yoga session led by a parent volunteer, making wellness fun and accessible from an early age.

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An informative presentation traced the origins of International Yoga Day, an initiative by Prime Minister Shri Narendra Modi ji, inspiring students to understand its global relevance. A lively quiz for Grades 3 and 4 added a fun, educational twist.

The celebration highlighted the importance of integrating yoga into daily life. We extend our heartfelt appreciation to our students, staff, and parents for making the day a meaningful success.

•गुरु गान•

है बहुत बड़ी जिम्मेदारी
और हिम्मत जल्बे का काम,
बच्चों का भविष्य संवारना
ये काम नहीं आसान।

नित नई चुनौतियों से जूझते
ये बच्चे नादान,
इन्हें सही राह दिखाने की
शिक्षक लेते हैं ठान।

नहीं चूकते एक भी अवसर
दे देते भर-भर कर ज्ञान,
कभी न भेद करें बच्चों में
ऐसे होते गुरु महान।

पत्थर तराश हीरा बनाते
ज्ञान की ज्योति उनमें जगाते,
जगमग हो जाए जग जिनसे
ऐसे सूरज चांद उगाते।

ना ही अपनी फ़िक्र न चिंता
कर दिया तुमने जीवन समर्पित,
हे गुरु! मेरा शत-शत नमन
तुम्हारे चरणों में हो अर्पित।

*रचनाकार - रेखा जायसवाल
(पूर्व अध्यापिका NHPS)

WORLD ENVIRONMENT DAY - 2025

"Let us be the change we wish to see in the environment." – Dr. A.P.J. Abdul Kalam
New Horizon Public School celebrated World Environment Day with enthusiasm and purpose across all sections.



The Pre-Primary section marked the occasion through engaging, hands-on activities that helped children connect with nature meaningfully. From seed sowing and seed bombing to nature-themed artwork and environmental slogans, young learners explored eco-friendly practices while developing values of care and responsibility toward the environment.

Students from Classes 1 to 10 participated in the "WOW – Wellbeing Out of Waste" drive by bringing dry recyclable waste in labelled bags. The initiative promoted waste segregation, helped reduce landfill burden, and supported the livelihoods of waste collectors-encouraging students to take active steps in environmental conservation.

Together, our students embraced the spirit of sustainability and took mindful steps toward a greener future.

VIBRANT VIBES

Colours are the smiles of nature and speak the language of the universe." Just as nature uses colours to reflect changing seasons and the rhythm of life, we too find joy in its beautiful hues. On 13th June 2025, our little learners of Nursery at New Horizon Public School celebrated Vibrant Vibes — a special day dedicated to fostering creativity, self-expression, and teamwork.

Dressed in bright shades of red, blue, green, yellow, pink, and purple, the tiny tots took part in a variety of fun-filled group and individual activities. Songs, stories, and hands-on activities engaged their imagination, allowing them to explore and express their vibrant inner world.

**INDIA'S CRIMSON PLEDGE: OPERATION SINDOOR**

On May 7, a tense call from my cousin in Udhampur, Jammu, described blaring sirens, blackouts, and a sky filled with drones and missiles. Amidst the chaos, she stood firm, echoing India's resolve to protect its sovereignty following the brutal Pahalgam terror attack on April 22, which claimed 26 innocent lives.

India, long targeted by cross-border terrorism, responded decisively with Operation Sindoor - a non-escalatory, precision military strike on nine terrorist camps in Pakistan and POK, used by groups like Jaish-e-Mohammed and Lashkar-e-Taiba. The Indian Army, Navy, and Air Force executed the operation with strategic coordination, minimizing civilian casualties.

This was not just a military act; it was a tribute. Led in part by Wing Commander Vyomika Singh and Colonel Sofiya Qureshi, showcasing the leadership of Indian women in defence. Advanced weaponry, including SCALP cruise missiles, HAMMER bombs, and kamikaze drones, ensured surgical precision.

The name "Sindoor" honoured the widows of the Pahalgam victims, symbolizing strength through grief. The world took notice, with many nations supporting India's right to self-defence.

Despite the uncertainty of war and existence, my extended family made it through this challenging time. The message was clear: India will mourn, but it will also rise—stronger, braver, united. As students and future leaders, we must carry this spirit forward, remembering the blood and bravery behind our peace.

"For a successful revolution it is not enough that there is discontent. What is required is a profound and thorough conviction of justice."

- Dr. B. R. Ambedkar



Name: Grade: Date:

Look for the words from left to right, right to left, up to down, and down to up and find the hidden words from the green list and underline the words in the list as you find them.

Alice's Adventures in Wonderland

- Caterpillar
- Chimney
- Croquet
- Flamingo
- Lobster
- Mushroom
- Riddle
- Serpent
- Sneeze
- Window

A	C	U	A	W	J	X	P	B	A	J	K	L	D	B
I	E	U	V	P	W	N	T	O	T	S	Y	C	P	
B	H	I	C	H	L	N	C	P	F	Z	E	W	E	O
B	U	N	R	O	O	B	Y	W	U	Z	Z	O	J	
V	J	L	I	E	L	D	I	R	Q	M	E	B		
P	J	B	M	K	R	D	J	R	O	L	E	O	E	
X	J	Q	N	O	W	E	E	F	R	A	N	Z	E	
G	O	P	E	G	H	T	F	R	E	C	H	S	Y	H
X	F	P	Y	N	K	S	U	Q	X	E	A	O	Y	B
N	B	H	O	I	K	E	W	I	N	D	O	W	U	N
O	K	L	M	G	O	D	M	V	V	A	K	K	I	
V	L	J	R	A	L	L	I	P	R	E	T	A	C	T
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Q	H	C	U	F	F	R	E	P	E	N	T	E	U	
C	H	E	V	A	B	T	A	O	F	M	V	B	A	W

	3	4			6		7
		7	8	1		6	
1	8	6	3		2	4	5
		9	6	8			2
6							4
7				9	5	6	
	9	2	5		7	1	4
	7			3	8	9	
8			2			3	7

HARMONY IN THE AIR

A school is more than just a place of learning—Here friendships are formed, ideas are shared and teamwork thrives. A harmonious school atmosphere is one where every student feels respected and accepted. Does this really matter? Why?

- A positive social environment makes school life more enjoyable
- Friendly and supportive classmates help reduce feelings of stress, anxiety and loneliness
- Working peacefully with peers teaches life skills like conflict resolution and active listening

How is this atmosphere created?

- Greeting each other, being helpful, complimenting when required
- Paying attention when others speak and responding thoughtfully
- Respecting cultural, religious and personal differences
- Including someone new in group activities or during lunch
- Being calm during disagreements
- Encouraging kind and respectful communication, even in digital spaces

Difficult? No. Actually it is simple.

Whether helping a classmate with homework or simply sharing a smile in the corridors, every small action counts. A school where kindness, respect and understanding prevail, is a happy place.



Values Plus Team

A FAMILY TREKATION

The journey continues—here is the next part of Avyukth Igoor's blog

My family, our Sherpa Sagar and I at the gate to Sagarmatha National Park, on our way to Namche

Acclimatization is basically the process of training your body to handle altitude sickness by climbing high and sleeping low. However, there is a little bit more science to it. The components of our blood that are responsible for supplying oxygen throughout our body are known as RBCs (Red Blood Cells).

At lower altitudes, there is more oxygen around us; therefore, we breathe normally and without difficulties. However, as the altitude at which we breathe increases, the amount of oxygen around us decreases. Due to this, our rate of breathing increases (not decreases), but the amount of oxygen we receive is still less. Whatever oxygen does enter must be quickly supplied to the organs, which are struggling to function due to the reduced oxygen levels. To compensate, our body generates more RBCs to supply more oxygen.

However, your body ensures that just enough oxygen is supplied to your organs for you to stay alive. This is not sufficient for trekking, which involves a lot of physical activity. Therefore, your body is usually subjected to altitude sickness. But when you **climb high and sleep low**, the increased RBCs generated at the higher altitude help transfer more oxygen when you sleep at a lower altitude. This helps prevent altitude sickness.

It sounds very complicated, and I never really understood the science behind it until it was explained to me by my trek leader. However, I never doubted his advice to go on an acclimatization hike it was extremely helpful.

Apart from acclimatization, there are two more extremely important things one must do to avoid getting altitude sickness: **eat good food** and **drink ample amounts of water**. At times, the amount of oxygen your body gets solely from respiration is insufficient. Therefore, one must drink lots of water as another way to support oxygen delivery to the body.

However, there is not a lot of potable water easily accessible in the mountains. It is slightly ironic how the source of many rivers—the "Himalayas," literally meaning "abode of snow"—has less drinking water easily available. This is primarily because the numerous streams and rivers that flow here contain many impurities. Due to this, as we progressed on our trek and climbed to higher altitudes, the price of drinking water (and hot water) increased greatly. In fact, at our final village, **1 litre of water costs 1000 NPR!**

The next day, we hiked to a place known as **Everest View Hotel**. This was a hotel from where we could see the world's highest mountain—**Mt. Everest**. It was



an extremely helpful acclimatization hike, as we reached an altitude of approximately **3,880 meters**. We expected a stunning view of the mighty mountain, but due to cloudy weather, we were unable to see it in its full glory.

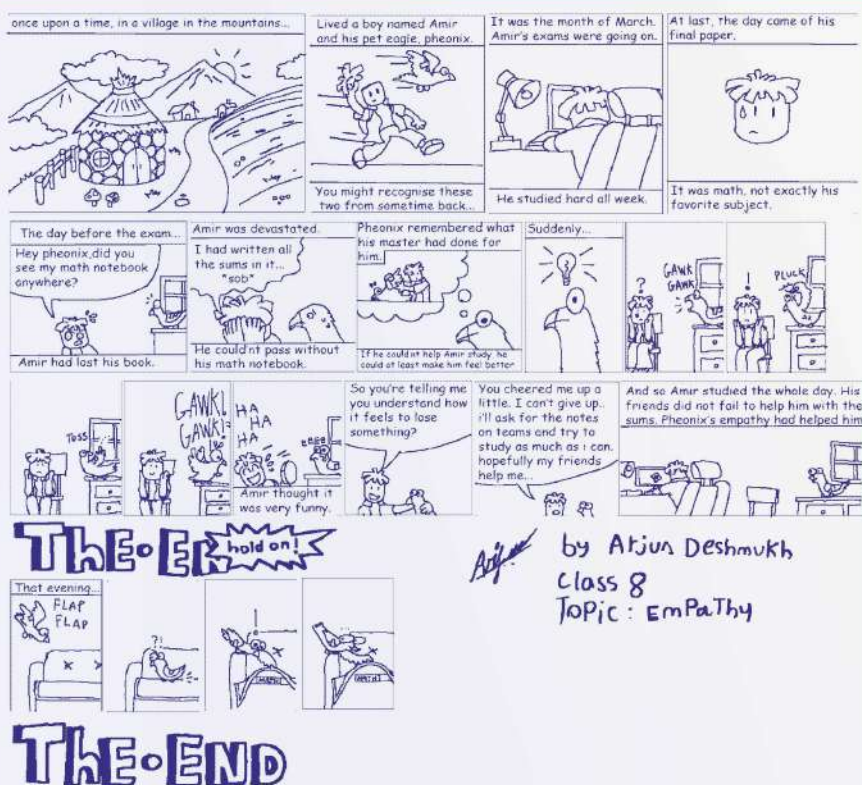
I remember proudly telling myself then, "I have now been to the world's highest restaurant. There is no restaurant in the world I cannot go to now!" We returned to our stay quickly, with the rain on our tails, and slept well that night, having helped our bodies adjust to the lack of oxygen by acclimatizing.



Me, at Everest View Hotel

The next day started off clear and sunny, yet we knew better than to trust the weather and expect it to remain that way (though it did end up staying sunny). Thanks to the magnificent weather at the start of the day, we got a splendid view of Mt. Everest and a few other peaks too, namely Mt. Lhotse, Mt. Ama Dablam, Mt. Thamserku, Mt. Kusum Kangru, Mt. Pumori, etc.

Stay tuned for the continuation of **Avyukth Igoor's blog** in our next edition.



AS PART OF OUR GOOD DEEDS INITIATIVE, WE ARE PROUD TO FEATURE THE FOLLOWING:

Celebrating the Joy of Giving : Tara S Iyengar (Grade 3E)



Tara S Iyengar of Grade 3E, whose family celebrated a milestone birthday by sponsoring full-day meals at a Home for the Aged in Kumbakonam, Tamil Nadu. This kind gesture, supporting elders without family care, beautifully reflects the spirit of selfless giving. Quoting the **Bhagavad Gita**, the family shared: "Offer selflessly at the right place and time -this is

true virtuous giving." We thank Tara and her family for inspiring us all. Let us keep spreading kindness-one good deed at a time!

GAUTAAM SANJAY (GRADE 4C)

Gautaam Sanjay of Grade 4C, along with his family, has been actively rescuing and supporting abandoned and injured stray dogs. From feeding and providing medicines to working with shelters and NGOs, their efforts reflect deep compassion and social responsibility.



Gautaam and his sibling are also spreading awareness among their peers - inspiring kindness towards all living beings. We applaud their dedication and hope more students are inspired to make a difference!

CONGRATULATIONS



Mihika and Myra participated in the 48-hour *Jnana Smriti Gita Chanting Marathon* with 292 participants and received World Record Certificates



Adbhut Subramanian (Grade 5C) completed a 2,405-piece LEGO set (18+ age group) in under 11 hours.



Venya Rithin Shettigar Shines at Asian Karate Championship Venya Shettigar (Grade 5A) won silver in Junior Kumite at the II WKC/FW Asian Karate Championship in Kazakhstan, representing India.



Satvik Goudar Shines at MCF Camp Satvik Goudar (Grade 4A) attended the MCF Summer Camp at Panchgani-Mahabaleshwar, excelling in activities like trekking and survival skills. He secured 1st place in the Rifle Competition, showcasing focus and determination.



Mayanshi Gogoi of LKG C has been awarded a Gold Medal with Distinction in the Annual Art Exam by the National Art Academy for 2024-25, scoring 92 in Theory and 88 in Practical.



Leela Bhagat (Class 5A) won the SMAAASH Badminton Tournament 2025 held at SMAAASH Badminton Arena, Malleshpalya, in the Under-11 Boys' category.

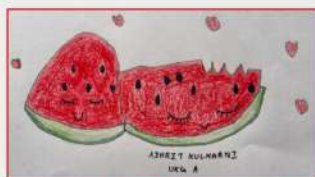
Young Achievers in Chess Tournament

We are delighted to announce the commendable performance of our students in the 11th PCA Age Category Chess Tournament held at Lulu Mall on 08 June 2025:

- **Samanth Naidu** of Class 7B showcased his exceptional skills in the **Under-13** category and secured the **First Prize Trophy**.
- **Shrejal N Naidu** of Class 2A demonstrated her talent in the **Under-7** category and was awarded a **medal** for her performance.



STUDENTS' CREATIVE CORNER



Adhrit Kulkarni, UKG A



Hitanshi, 1E



Charvi Sahni, 8



Aanya Reddy, 2

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BEHIND THE SCENE

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